

MENU



(469) 388-8902

DRINK MENU

Carrot-Pineapple Energy Boost
(Carrots, Pear, Turmeric, Pineapple & Lime)

\$10

Green Juice Detox
(Kale, Cucumber, Pineapple, Celery, Green Apple & Lime)

\$10

Natural Cleanse
(Spinach, Cucumber, Celery, Green Apple, Parsley, Lime & Aloe Vera)

\$10

Strong Blood Booster
(Red Beet, Celery, Green Apple & Carrot)

\$10



Antioxidant Power Drink
(Grape, Blueberry, Kiwi, Coconut Water & Avocado)

\$10

Fat Burner Citrus Drink
(Grapefruit & Orange)

\$10

Vigorous Green Boost
(Spirulina, Apple, Cucumber, Lemon & Himalayan Salt)

\$10



S A L A D S



GRILLED SALMON MEDITERRANEAN SALAD \$17

Spring Mix, Spinach, Cherry Tomatoes, Asparagus, Parmesan Cheese, Cucumbers, Avocados, Lime, Grilled Salmon & Italian Dressing



SOUTHWEST GRILLED AVOCADO SALAD \$15

Iceberg Lettuce, Spring Mix, Black Beans, Poblano Corn, Tomato, Cheddar Cheese, Lime, Grilled Avocado, Cucumber, Jalapeño Dressing & Grilled Chicken



GARDEN BLISS SALAD \$15

Spring Mix, Spinach, Grapes, Strawberries, Blueberries, Dried Cranberries, Pecans, Sliced Almonds, Goat Cheese, Grilled Chicken or Crispy Chicken



GRILLED CAESAR SALAD \$13

Romaine Lettuce, Grilled Chicken, Croutons, Cheese & Caesar Dressing



HONEY CRISPY CHICKEN SALAD \$15

Romaine Lettuce, Spring Mix, Cucumber, Cherry Tomatoes, Sliced Almonds, Boiled Eggs, Honey Mustard Dressing, Crispy Chicken, Croutons

S A N D W I C H E S



SMOKED TURKEY & BACON CHIPOTLE SANDWICH \$11

Smoked Turkey Breast, Spring Mix,
Bacon, Avocado, Tomato, Onion
Relish, Chipotle Mayonnaise



AVOCADO TOAST \$11

Mashed avocado, Tomato,
Sliced Onion, 2 Boiled Eggs,
With a Sprinkle of Salt & Pepper

Y O G U R T S



COCO CHIA PUDDING WITH BERRIES & KIWI \$8

Coconut Chia Pudding,
Raspberries, Blackberries,
Kiwis, Bananas



GREEK YOGURT WITH BERRIES & GRANOLA \$10

Greek Yogurt, Strawberries,
Kiwi, Blueberries, Granola, &
Sliced Almonds

PROBIOTIC ORGANIC YOGURTS



**PROBIOTIC ORGANIC
YOGURT \$10**

Strawberry Banana



**PROBIOTIC ORGANIC
YOGURT \$10**

Blueberry



**PROBIOTIC ORGANIC
YOGURT \$10**

Raspberry

DESSERTS



**ZUCCHINI BREAD
DELIGHTS \$20**

Zucchini, Gingerbread,
Walnuts & Pecans



**GINGER ZUCCHINI
PISTACHIO BREAD \$20**

Zucchini, Gingerbread,
Walnuts & Pistachio



**GINGER ZUCCHINI
NUT LOAF \$20**

Zucchini, Gingerbread,
Walnuts & Almonds